



Wednesday, 8th September, 2010

September is
New Generations Month

Executive 2010 / 11
President Peter Smith
Secretary Roger Vince
Treasurer Keith Stockall

The President's Column

We have received a very nice note from **District Governor Marilyn** thanking the club for her warm welcome last week. The talk by Marilyn was down to earth and sincere. I am sure that the members who were in attendance appreciated the thoroughness of Marilyn's research into the activities and achievements of Strathfield Rotary over many years. It was great that both Marilyn and Dudley were able to stay behind after the meeting for some fellowship "in the bar" (they didn't have to drive home to Windsor – as they were staying very locally in readiness for their visit with Breakfast Point the next morning).

Barbecue's galore – hopefully that also means volunteers galore! There will be commitments sheets going around this Wednesday for 3 BBQ events. Yes three!

Sunday 12/9 - Georges Family Fair
Sunday 19/9 - BMW Show of Excellence
Sunday 24/10 - Spring Fair

As 2 of the 3 BBQ's are coming up over the next 2 weekends an urgent appeal is being made for some help and support on the day(s). This is an opportunity for some fundraising – and to put our barbeque equipment to good use.

The Police Officer of the Year Award: There had been a concern that because of the large number of POTY nights now being organised by Rotary clubs across Sydney that the Commissioner might only attend SRC every second or third year. Next year will also see the first State Police Officer of the Year. So it pleasing to report that despite these competing pressures Commissioner Scipione is again "booked" to officiate at Strathfield on 17 August 2011.

Dr. Helena Popovic is our guest speaker this week – and is a long time resident of Strathfield. A Google search tells us that Helena received her first

speaking award at 16 when she won the City of Sydney Eisteddfod Singles debating Championship. Her leadership skills were further recognised in 1984 when she was elected School Captain of Meriden School, and again in 1985 when she was chosen to spend a year in Japan as a Rotary Exchange Student.

Since receiving her medical degree from Sydney University in 1995, Helena has been paving the way for a new paradigm in peak health and peak performance. A specialist in lifestyle-based diseases Helena shows both men and women how to achieve excellence in every area of their life – through education, not medication. Helena will talk to us tonight on "Boosting you brain"

Cowboy logic 3 - "The best way to have a quiche for dinner is to make it up and put it in the oven to bake at 325 degrees. Meanwhile, take a large T-bone, grill it, and when it's done, eat it. As for the quiche, continue to let it bake, but otherwise ignore it."

President Pete



27 George St
Windsor 2156

Rotary District 9690 Inc

Dear President Peter, Rotarians
and friends of Rotary
Thank you for the warm
welcome that we received
to your meeting. I am in
awe at the many good
Rock Rotary to its works you are
Foundation Bathurst doing
2011 warmest wishes
DE 9690 Marilyn Haver

**The Rotary Club of Strathfield Inc, meets every Wednesday at 6.15pm for 6.30pm
at the Strathfield Golf Club, 84 Centenary Drive, Strathfield. NSW. Australia**

This Weeks Program:Dr Helena Popovic **"Boosting your Brain"****LAST MEETINGS STATISTICS:**

Attendance: 30 62.75%
Make Ups:
Leave of Absence 8
Apologies: 7 (Peter F, Godfrey I, Joe S, Terry R, Bradley A, Harley T, Paul W)
Visitors & Guests: Chris Virgona, Naveed Chaudhry, Marlene Smith,
Visiting Rotarians: DG Marilyn Mercer, Dudley Mercer, Brian Driver,

Sergeant: \$ 145.30
Raffle: \$ 235.00
Winners: Rod McDougal, Rod McDougal, Keith Stockall, Brian Driver, Domenico Alvaro

NOTES:**LAST WEEK'S GUEST SPEAKER:**

The guest speaker was our District Governor, Marilyn Mercer. DG Marilyn gave an overview of her time as a Rotarian since joining Rotary in April, 2003. Prior to that, Marilyn had a good understanding of Rotary as her husband Dudley has been a Rotarian for some years. Marilyn's first encounter of the work of Rotary was 18 years ago when she was a head teacher of science and agriculture. She was endeavouring to have a shade house constructed at her school. The Rotary Club of Windsor became involved and members built the shade house – bigger and better than that imagined.

DG Marilyn then talked about the theme of Rotary this year "Building Communities Bridging Continents". Rotary International President Ray Klingensmith says this is about "Unity without Conformity". He also says that we should be looking at different things in our Clubs and questioning if we are doing things effectively. DG Marilyn listed some of the significant things that the Strathfield Club have been involved with during recent years. She included the Spring Fair, Edmund Park, ANZAC Day Breakfasts, donation to the people of Moree, Polio Plus, Carols, gardens at the MS Studdy Centre, Youth achievement awards, Trish Foundation golf day, Club web site, Meridan Shelter Boxes - just to name some of the great achievements of Strathfield Club. "Bigger, Better, Bolder Rotary"

Bigger – need to grow. There are 1.2 million Rotarians yet every few years that many Rotarians are lost. An initiative of the DG is to hold a membership day on the 16th October this year. More information will be forwarded shortly about that day. Membership is all about achieving a goal – we can't be complacent.

Better – is better education for everybody. Another initiative is the leadership institute- the focus will be on learning more about Rotary, which will be useful for incoming Club Presidents. Note also that there are now five avenues of service. A Bolder Rotary - 17 Australian Districts have pooled funds for a PR campaign. Grant applications will be available for Clubs to run their own PR programs. "All this towards a Bigger, Better, Bolder Rotary in 2010-11"

Other news from the DG - This District has an additional Assistant Governor. This year there will be five Presidents

meetings and the Assistant Governors will meet with Club Presidents in between those. Marilyn noted that some new club (in the Northern Sydney District) meet every two weeks – it is all about providing a balance. DG Marilyn noted that it is great news that in our local area David Martin (who has been a guest speaker at this Club) has been selected as part of the GSE team. Marilyn explained the process of selecting GSE team members. There are two outbound teams this year - one to Taiwan and the other to the Philippines.

Strathfield can be congratulated for its contribution to the Rotary Foundation - \$2400. Note also that ½ of this comes back in three years to the District to be used for selected grants. Marilyn also noted the number of Paul Harris fellows in this Club. As well Marilyn noted that Strathfield Club pledged \$2,000 for the Polio Plus program. DG Marilyn talked about the school pinkie day project - the purple painted little fingernail. The purpose of this project is to raise awareness of inoculation for school students . "Purple with a Purpose" - give \$1. Marilyn raised \$250 with the catchcry "I'll tell you if you give me a dollar".

DG Marilyn mentioned her support for the District Literacy project – called "Book Buzz". The Fred Hollows Foundation is a partner in this project. The goal is to increase the literacy levels of children in the Northern Territory. Packs of books can be purchased in a bundle of \$146. Of interest to members - Bill Boyd is the International RI Development representative and is Chair of the Rotary Foundation worldwide in 2011 DG Marilyn displayed with reverence the District Governor's Jewel which has been presented to every District Governor. This District was first known as number 269, then 969 and now 9690.

Dudley Mercer then had his turn is addressing the Club members – and this was concerning the upcoming District Conference (Bathurst 18th – 20th March, 2011). There is a project to obtain musical instruments and to make these available to young people in need, such as those in juvenile justice centres. The project is called Music Box and it is in conjunction with the Australian Children's Music Foundation. The symbol is a rocking horse known as "Rocky" which fits in with the theme of the conference "Rock Rotary to its Foundations" So anyone going to the Conference is invited to donate any kind of musical instrument that they no longer use.

Report by Ian Johnson

DIRECTORS AND MEMBERS NOTICES:

Keith Stockall (Treasurer) Club Dues (1/2 Yearly—\$200.00) are now overdue. Please contact Treasurer Keith as soon as possible

Doug Potter (Vocational Service) National Youth Science Forum—Our candidate unsuccessful but we are sharing sponsorship of Natasha Koelmeyer (Burwood) with Breakfast Point

Ian Johnson (International Service) Requests for donations at hand from Shelterbox and the Rotary Foundation for the Flood Disaster in Pakistan

Kevin Beltrame (New Generations) **RYLA** : Nominations are being sort for attendees for RYLA (Rotary Youth Leadership Awards) to be held from 8th January 2011 to 15th January 2011 at Blue Gum Lodge, Springwood. This seminar is for 19 to 25 year olds and is often described by attendees as 'life changing'. The seminar is fully funded by the Rotary Club of Strathfield and Kevin Beltrame urges fellow members to search their families and extended families for likely nominees.

BUT be quick as the four positions for which budget has been approved will be filled very, very quickly. Further information is available from Kevin.

Paulo Giammarco (District GSE) Notified the club of great PR releases into the "Strathfield Scene" and "Burwood Scene" about both GSE and Shelterbox

Paulo Giammarco - Advised the Club of a request from the Oncology Foundation for Marshals for the Strathfield Spring Ride on 17th October. 2 rides (North Sydney—Strathfield and Tempe Station to Strathfield) and they require 30 Marshals for North Strathfield and Cooks River.

Ted Ingall—District Conference (2011—Bathurst) Early Bird registrations close on 13/11/10

Suzanne Freund—Last year Bowel Scan found 50 cases of Cancer and 200 needed further investigation. Currently we only have 5 Pharmacies involved in the project. If you know a local Chemist, please see Suzanne and approach them about being involved.

COMMITMENT SHEETS:

Paolo Giammarco - Marshals for Oncology Foundation Bike Ride 17/10/10

ROTARY INTERNATIONAL MEMBERSHIP RULES: Section 3 — Excused Absences. A member's absence shall be excused if:(b) the age of the member is 65 and above and the aggregate of the member's years of age and years of membership in one or more clubs is 85 years or more and the member has notified the club secretary in writing of the member's desire to be excused from attendance and the board has approved.

If you believe that you fit this criteria, you can apply to the Board, in writing, through the Secretary.

The Red Cross Blood donor centre would like to ask you for your assistance. Over this winter blood supplies have been stable. Recently however our blood stocks have been declining, particularly blood type A and blood type O.

"Blood types A and O are critically low.

Please call **131495** to donate blood." or visit donateblood.com.au

Rotary Club of Breakfast Point & Pacific Boating Golf Day 26 November 2010

Dear Golfers,

Yes, another year is rapidly moving along. We hope you enjoyed the golf day last year and can join us again on Friday 26th November 2010 at Massey Park for our 2nd Golf Day. Another fun day and a fund raiser for our Rotary Club projects. Regards, Stephen Britten

Birthdays & Anniversaries

Birthdays: Penny True (10/9) and George Helou (14/9)

Wedding Anniversaries: Nil

Rotary Anniversaries: Joseph Kim (10/9)

Make up Options:

100% Attendance is a challenge which is easily attained in your Rotary membership. If you cannot make it to a regular club meeting, try one of the following options. You have 14 days either side of your regular club meeting to make up. Don't forget to let the attendance desk know when you are next at a meeting.

24/7	eClub One	http://www.rotaryclubone.org
Monday	Burwood (pm), Concord (pm), Bankstown (pm)	
Tuesday	Granville (pm), Padstow (pm), Blacktown City (pm)	
Wednesday	Prospect (am), Liverpool Greenway (Lunch)	
Thursday	Breakfast Point (am)	
Friday	Parramatta Daybreak (am)	
Anytime	Rotary Club Activities and Board Meetings	

Meeting Diary

Meeting Date	Topic	Guest Speaker	Special Notes
15/09/2010	Parkinson Support Group	Dick Babb & Alex Borey	
22/09/2010	Iceland	Cate Thomson	Meridan Interact Visit
29/09/2010	Rotary Emergency Services Recognition Awards	Peter Wilson	

Rosters

Meeting Date	Attendance	Fellowship	Introduce Guest Speaker	Thank Guest Speaker
08/09/10	Peter F	Kevin B	Connie G	Paul W
15/09/10	Niall K	Angelo F	Paolo G	Ray W
22/09/10	Stephen T	Kevin F	Trevor D	Ian J
29/09/10	Allan T	Keith B	Doug P	Terry R

Calendar

Date	Event	Involvement	Information
24th October, '10	Strathfield Spring Fair	Bradley Ayres	
26th October, '10	District Golf Championships	Ray Wilson	
11th December, '10	Carols in the Park	Bradley Ayres	
18—20th March '11	District Conference	Ted Ingall	
4th May, '11	40th Anniversary Celebrations	Harley Tarrant	
1st July, 2011	Changeover	Trevor Duxbury	

Rotary Grace

O Lord and giver of all good,
We thank thee for our daily food,
May Rotary friends and Rotary Ways,
Help us to serve thee all our days. AMEN,

APOLOGIES or **Eric Khu** (by 4pm Tuesday)
Additional Guests: (*email*) brontin@bigpond.com
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