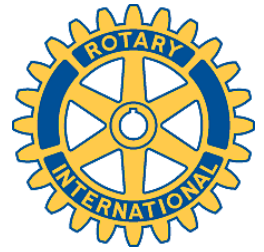




Newsletter of The Rotary Club of Strathfield Inc.
District 9690, NSW. Australia

Strathfield Rotary News



Executive 2010 / 11

President Peter Smith
Secretary Roger Vince
Treasurer Keith Stockall

Wednesday, 22nd September, 2010

September is
New Generations Month

The President's Column

Last week: Our guest speaker last week was **John Silk**, who while he is President of Parkinson's NSW, spoke to us primarily about his own battle with Parkinson's disease. John, by his own admission, was having a difficult day with his illness and medication - and could have easily and justifiably begged off his presentation. It was a credit to his sense of obligation that he persevered.

Earlier in the evening I was honoured to induct **Naveed Chaudhry** as a member of Strathfield Rotary. Naveed lives and works in Bankstown, is married to Nusrat and has three sons, Shaheryer, Haris and Rafay. Naveed has been appointed to the club's Community Services committee and has the classification of Solicitor-Immigration. I am sure that all members will make Naveed most welcome. Two new member inductions in consecutive weeks - it doesn't get any better!

A membership evening is being planned for early 2011 - so please give some early consideration as to who you might be able to personally invite as your guest. A brother, a sister, a neighbour, a friend, a work colleague? They may have just been waiting to be asked!

This week: Our guest speaker this week is **Cate Robinson (nee Thomson)** who is well known to Strathfield Rotary as our candidate, and eventual member, of the GSE team that went to Nova Scotia and Newfoundland in May/June 2010. At the conclusion of the GSE trip Cate took the opportunity, as you do, stayed on to make a vocational visit to Iceland - and to

night Cate will talk to us about her experiences in what is no doubt a beautiful, if financially damaged, country.

We will of course be welcoming Cate back again in a few weeks - when she and the GSE Team will visit us to report on their **Nova Scotia/ Newfoundland trip on 27 October**. We have invited the Rotary clubs of Breakfast Point, Burwood and Concord to the meeting - and indications are that it will be a well attended joint meeting.

Meriden Interact: We are also pleased tonight to welcome the Interact committee from Meriden and their coordinator **Karinne Bedingfield**. Meriden Interact has been actively fundraising and will be in attendance to present Rotary with a **BIG cheque for Shelterbox**. The students will be introduced by Kevin Beltrame.

BMW Drivers Club BBQ - My thanks to PPs Kevin Freund, Keith Stockall and Grahame True for their efforts, last Sunday, with the barbeque at the BMW Car Show of Excellence at Silverwater Park. While not a roaring financial success (we did okay) it was a good opportunity to fly the Rotary banner. Most of the surplus stock will be put to good use at the forthcoming Spring Fair. The BMW Drivers' club has indicated that the proceeds from their activities on the day (ie car entry fees, raffle and sponsorship) will be split between the Variety Club and Strathfield Rotary. ...2

The Rotary Club of Strathfield Inc, meets every Wednesday at 6.15pm for 6.30pm
at the Strathfield Golf Club, 84 Centenary Drive, Strathfield. NSW. Australia

Rotary Celebrates Inspirational Women - DG Marilyn Mercer, along with the other seven DGs in NSW, have launched a special **Rotary Awards Program** to identify and recognise inspirational women in our community. It is expected that each club would nominate a local candidate for consideration for a special District award. The awards will be open to women from the eight Rotary Districts based in NSW. The eight Winners will be presented with their Awards at a special Celebration Dinner at the Four Seasons Hotel in Sydney on 10 March 2011. Rotary International President **Ray Klingensmith** will be attending the Dinner and the Governor General, Her Excellency **Quentin Bryce** has been invited to attend.

This is a great opportunity for us to attract new women members and to demonstrate the commitment of Rotary in welcoming women as members. Each club would of course invite their nominated women to a club meeting to be recognised by the club. Nominations close on 19/11/2010.

Cowboy logic: "*Money may buy you a fine dog,
but only love can make him wag his tail*"
Enjoy Rotary, have fun!

President Pete

This Weeks Program:

Cate Robinson (nee Thomson)
" **Iceland** "

LAST WEEK'S GUEST SPEAKER:

Our guest speaker was John Silk the President of Parkinson's NSW who spoke to us about the Parkinson's Support Group. John was introduced by Paolo Giammarco.

John informed us that Parkinson's disease is a movement disorder caused by a lack of dopamine in the brain. Dopamine is an important neurotransmitter in the brain.

John, who has Parkinson's, advised us that it affects each person differently. John doesn't get the shakes but does get freezing. This means he can't sign a normal signature when using his credit card and he may take a long time to putt when playing golf.

The disorder affects 1% of the population at age 70 and 7% of the population at age 80. There is currently 30,000 people suffering from the disease in NSW.

John advised us that the main role of his organisation is to help these people and to raise funds for research into the condition.

Free counselling services are offered to sufferers and about 400 calls per month are made to the service and an estimated six lives are saved each year.

An annual golf day is held to raise funds and significant funds have been made available through bequests. In 2009 \$1.2 million was allocated to research, a PH D scholarship and towards training specialised Parkinson's nurses.

John advised us that people have usually had the disease for about four years by the time they are diagnosed and have usually lost 85% of their dopamine by that time.

John advised us that he is on six types of medication. He advised us that one of his symptoms is a short attention span and he suggested that this was a desirable attribute when it came to running a committee. His sense of smell has gone and his sense of taste is going. (Remarkably his sense of humour still remains).

John informed us that there is currently no cure for the disease. Current research with stem cells provides the greatest hope for a cure in the future.

The government provides very little financial support and John's organisation is reliant on raising funds by other means. After answering questions from members John was thanked by Ray Wilson.

LAST MEETINGS STATISTICS:

Attendance: 34 66.67%

Make Ups:

Leave of Absence 6

Apologies: 6—Paul W, Terry R, Keith B, Raymond McC, Doug P, Harley T.

Visitors & Guests: 3—Peter Harries (Rotarian),

Arthur Crossan (Honorary)

John Silk (Guest Speaker)

Sergeant: \$ 129.25

Raffle: \$ 245.00

Winners: Janelle Watson
Angelo Franco
David Croft

COMMITMENT SHEETS:

Kevin Freund—Strathfield Spring Fair BBQ (24/10)

Paolo Giammarco—Oncology Foundation Bike Ride

President Peter—BMW Car Show BBQ, Silverwater (19/9)

Ted Ingall—District Conference, Bathurst (18-20/03/2011)

FRENCH SPEAK EASY (Preparing for RI Convention—New Orleans)

There's the French they speak in France, and the French they speak in Quebec. Then there's the French they speak in Louisiana. The peregrinations of the Cajun people and the influences of other cultures have lent a distinctive pronunciation to place names in New Orleans.

- **Burgundy Street:** Put the accent on the second syllable: *bur-GUN-dee*.
- **Burthe Street:** The *R* is silent: *byooth*.
- **Calliope Street:** Pronounce the last syllable with a silent *E*, like "rope": *CAL-ee-ope*.
- **Carondelet Street:** Throw what you know about French pronunciation out the window and say the final *T*: *kuh-ron-duh-LET*.

As for the name of the city itself, there are many ways to pronounce it. People in New Orleans will probably know you're from out of town no matter what, so don't worry about how to say it – just make sure to be there.



Second Annual Interact Video Contest

Grab a camera and create a short video about this year's theme, "How do you Interact?", for a chance to have your entry featured at www.rotary.org and to receive a certificate signed by RI President Ray Klinginsmith. The contest gives participants the opportunity to tell the world about the impact Interact has made on their lives, while bringing Interactors and Rotarians closer together.

"They are still celebrating," says Virginia Barr, liaison to the Interact Club of Communities-in-Schools at the South Carolina Department of Juvenile Justice, USA, which was the 2009 Interact video contest grand

-prize winner. "[Giving Back Through Interact](#)" was directed and produced by Interactors enrolled in the Communities in Schools curriculum at the juvenile corrections facility in Columbia, with help from adviser Andy Broughton, an employee of the Juvenile Justice Department.

"It really became an avenue for them to share what the Interact club has meant to them," says Barr, a member of the sponsor Rotary Club of Lake Murray-Irmo. "It changed their perspective on where they fit in the community and reinforced to them that they are indeed a part of the community." "We didn't think we could make a video, but we did," says Jalen, 17, a member of the Interact club. "I discovered it feels good to do things for others and not get anything back."

Further Details @: www.rotary.org

Birthdays & Anniversaries

Birthdays: Arthur Crossan (22 /9), Keith Byrn (24/9), Joe Saad (28/9)

Wedding Anniversaries: Nil

Rotary Anniversaries: Nil

Make up Options:

100% Attendance is a challenge which is easily attained in your Rotary membership. If you cannot make it to a regular club meeting, try one of the following options. You have 14 days either side of your regular club meeting to make up. Don't forget to let the attendance desk know when you are next at a meeting.

24/7	eClub One http://www.rotaryeclubone.org
Monday	Burwood (pm), Concord (pm), Bankstown (pm)
Tuesday	Granville (pm), Padstow (pm), Blacktown City (pm)
Wednesday	Prospect (am), Liverpool Greenway (Lunch)
Thursday	Breakfast Point (am)
Friday	Parramatta Daybreak (am)
Anytime	Rotary Club Activities and Board Meetings

Meeting Diary

Meeting Date	Topic	Guest Speaker	Special Notes
22/09/2010	Iceland	Cate Thomson	Meridan Interact Visit
29/09/2010	Rotary Emergency Services Recognition Awards	Peter Wilson	
06/10/2010	Etiquette in Business	Treska Roden	
13/10/2010	Operation Open Heart	Hayden Dando	

Meeting Date	Attendance	Fellowship	Introduce Guest Speaker	Thank Guest Speaker
22/09/2010	Stephen T	Kevin F	Trevor D	Ian J
29/09/2010	Allan T	Keith B	Doug P	Terry R
06/10/2010	Sal T	William C	Richard H	Domenico A
13/10/2010	Grahame T	David C	Ted I	Bradley A

Date	Event	For Information
16/10/2010	District PR / Membership Conference	Peter Smith
24/10/2010	Strathfield Spring Fair	Bradley Ayres & Suzanne Freund
26/10/2010	District Golf Championships	Ray Wilson & Nial King
11/12/2010	Carols in the Park	Bradley Ayres
18—20/3/2011	District Conference	Ted Ingall
4/5/2011	40th Anniversary Celebrations	Harley Tarrant
1/7/2011	Changeover	Trevor Duxbury, Peter Smith

Rotary Grace

O Lord and giver of all good,
We thank thee for our daily food,
May Rotary friends and Rotary Ways,
Help us to serve thee all our days. AMEN,

APOLOGIES or **Eric Khu** (by 4pm Tuesday)
Additional Guests: (*email*) brontin@bigpond.com
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