



# Rotary

## Club of Strathfield



*Namaste*

# STRATHFIELD ROTARY BULLETIN

DISTRICT 9675

24th February 2021

[www.strathfieldrotary.org.au](http://www.strathfieldrotary.org.au)

[info@strathfieldrotary.org.au](mailto:info@strathfieldrotary.org.au)

<https://www.facebook.com/strathfieldrotary>

### *Rotary, United Nations and Australian Themes*

<i>Year 2021</i>		
-	UN	International Year of Peace and Trust
-	UN	International Year of Creative Economy for Sustainable Development
-	UN	International Year of Fruits and Vegetables
-	UN	International Year for the Elimination of Child Labour
<i>Month of February</i>		
-	Rotary	<b>Peace and Conflict Prevention/Resolution Month</b>
<i>Weeks of February</i>		
-		-
<i>Days of Feb/Mar</i>		
1st Mar	UN	Zero Discrimination Day
3rd Mar	UN	World Wildlife Day

## *President's Report*



**Usha Garg**  
*President*

***"This is a changing world; we must be prepared to change with it. The story of Rotary will have to be written again and again."***

Paul Harris, My Road to Rotary.

On this 116th Anniversary of RI, we are reminded of these words of RI Founder Paul Harris. What would he say to our change to the virtual meetings and service model throughout the last year? A new story began where many clubs survived and thrived on this platform including us. On this occasion, General Secretary RI, John Hewko has released a video welcoming Rotarians to take a virtual tour of One Rotary Centre, located in Evanston, Illinois, USA. On display here is Room 711, a re-creation of the site of the first Rotary

club meeting where Paul Harris and three of his colleagues met for first time in downtown Chicago Office on 23rd February 1905.

(<https://my.rotary.org/en/visit-rotary-international-world-headquarters>).



Valarie Wafer, a current RI Director from the Rotary Club of Collingwood, South Georgian Bay, Canada, has been appointed as **Rotary International Vice President** for 2021-2022. Valarie comes with a 27-year career as a Tim Hortons restaurant owner, one of Canada's iconic restaurant brands, where her restaurant operations were widely recognized for their employment of people with disabilities.

#### ***District News***

**D9675 AGM** is scheduled for **Friday 26th February** with a packed agenda including a motion to adopt an updated Constitution subject to the approval of RI.

**The 2021-22 District Team Co-ordination workshop** was held this Saturday 20th Feb with the theme "how to work most effectively for our Clubs in the year ahead". A well planned and informative day where District team leaders presented succinct summaries on how they intend to co-ordinate this responsibility based on the workshop theme. (photo courtesy Rtn. Renga Rajan)

**Time to spread the Rotary Wheel!** One highlight of the workshop was a discussion on the need for increased



visibility of the Rotary Brand as a priority. In the past, Rotarians have been well known to perform altruistic deeds and not seek public recognition. Well, it may be time to rewrite the story. Preliminary research presented by a UTS student showed a possible link between lack of widespread Rotary branding and information about Rotary with low interest in membership.

Another reminder to book for the **D9675 Conference** to be held **March 19th, 20th and 21st** at Sydney Masonic Conference and Function Centre, 66 Goulburn St Sydney. All booking details are on the District website. There is a fabulous line up of speakers including Elisabeth Murphy - The Critical Importance of the First 2000 Days of a child's life and Nischal Panday - the Rotarian Heart Surgeon, Medical Director at the Multi Speciality Clinic in India.

PDG Di North has requested participation from clubs in a centenary fund raising event sponsored by **Blacktown City Club**. More details further below.

#### ***On the Home Front***

**International Women's Day celebrations** for Wednesday **10th March** are in full swing. Our Committee Chair Rtn. Ying Ho has some great surprises up her sleeve for the evening which she says will be revealed closer to the date. Keynote speaker for that evening will be Ms Lisa Moloney, Principal of MLC School,

Burwood. The flyer is now available and registrations are open which can be made using the Humanitix link on the flyer.

**Graffiti Removal** action comes up on 28th March. As it happens every year, PP Peter Smith will be co-ordinating the event. Director Jan Barrett is planning for Anzac Day Service on Sunday, 25th April accompanied by a delightful breakfast, a rare morning meeting for us.

Our **Grand 50th Anniversary Dinner** and Celebration originally planned to be held on 13th March has been postponed and may be held on 22nd May or 29th May this year. Strathfield Council has granted permission to hang our **50th Anniversary outdoor banners** at strategic locations in Strathfield. Rtn Roy Ellis has offered to be the first sponsor for the banner and the club seeks two more sponsors.

The current **pattern of weekly meetings** (alternate - Zoom/in-person) will continue for the time being as most

members are comfortable with this pattern.

The **Strategic Planning Committee** held another meeting last week under the watchful eyes of AG Rick Vosila. With constructive criticism and input from committee members, the first stage has passed the litmus test. An early draft report will be circulated in the coming weeks and discussed at the face to face club meeting on 7th April.

Last week we had the privilege of hearing from Alan Kirkland, the CEO of CHOICE magazine. This week we hear from George SIOPIS, Founder & CEO, Nutigenius on the "The importance of physical activity and overall fitness to reduce the risk of adverse Covid-19 outcomes".

Look forward to our meeting.

*Usha Garg*

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### *Speaker from last week: Alan Kirkland*

Alan KIRKLAND, CEO of CHOICE – the Australian Consumers' Association.

Alan spoke of the history and origins of Choice as an organization. He spoke about product testing, legislation and funding. Alan said that the consumer market increased in the 1950's, with television advertising and the purchasing of household goods. There were very few rights for consumers following product purchase. Things like medicines were poorly regulated. The Consumer Bill of Rights was implemented in the USA in 1962 and other countries followed.

In Australia, Ruby Hutchinson from WA, was instrumental in founding the Australian Consumer Association in 1959.

Fifty thousand copies of the magazine were produced each month with the numbers increasing each decade. Now most subscriptions are online. Eighty percent of income comes from subscriptions.

Electrical products, PCs, children's products and toys are purchased by the Choice organization so they can be tested independently on-site in the labs. Once products have been tested and no longer required many are donated to those in need. Other products such as insurance are also assessed.

The Choice organization provides advice to state and federal governments on Australian Standards, Trade Practices'

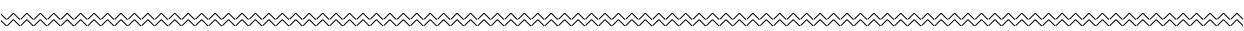
Act, Commonwealth legislation and the ACCC.

Alan was recommended as a guest speaker by Janelle Watson.

There is a staff of 170 which includes engineering specialists, journalists, fact checkers and a policy team.

*Write-up by Janelle Watson*

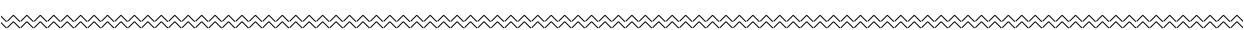
This was a very interesting and informative presentation with lots of questions from Rotarians.



### *Speaker for this week: George Siopis*

George is a decorated Molecular Biologist, Biochemist, Neuroscientist, Nutritionist, Clinical Dietitian, Classical Guitar Virtuoso and Australian Powerlifting record holder. He has received more than a dozen scholarships and awards for excellence including inaugural awards from forefront institutions such as the University of Cambridge and the MRC-Laboratory of Molecular Biology in the UK as well as leading corporations such as

GlaxoSmithKline. He has conducted research and published in the fields of obesity, diabetes, epidemiology, virology, stem cell biology, molecular biophysics and chronobiology. He has coached elite athletes that have set national and world records under his guidance. His clinical experience spans conditions including metabolic disorders; cancer; parenteral feeding; ICU patients; and geriatrics.



## Reports from Directors



**Dimitry Chugg-Palmer**  
Secretary

“Dear Strathfield Rotarian,

Please find below an invitation to the Rotary Club of Concord's Centenary of Rotary in Australia Celebration.

The event will be held in-person at Concord Function Centre, 138 Majors Bay Road this Monday night (22/2/21) from 6:15PM.

If you are interested in attending - please RSVP via the link:

<https://concordrotary.com.au/event/club-meeting-2021-02-22/>

or get in touch with Concord Rotary Secretary Allan Peterson (0412-971-490).”

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## Reports from Members

### Ying Ho

Dear friends,

You are invited to a very special event celebrating International Women's Day on Wednesday March 10th!

Our keynote speaker for the evening will be Ms Lisa Moloney, Principal of MLC School, Burwood. I have attached Lisa's profile.

We have some surprises up our sleeves for the evening which will be revealed closer to the event. 😊

Please click

<https://www.strathfieldrotary.org.au/site/210310/10/iwd.htm>

to view a flyer containing details of the evening, or simply click the image below.

Registration options are shown on the flyer. Click

<https://events.humanitix.com/wd>

to register online via Humanitix. Please register!!

Feel free to send a link to the flyer to friends and colleagues inviting them to attend.

This will be our first major event of 2021! Please invite all the wonderful women in your lives, many of whom have contributed significantly to Rotary over the years. Bring along as many guests as you wish, it will be a fantastic evening!

See you there!

Ying Ho

Event Committee Chair

[See details on Pages 7 and 8 – Ed]

## Dates for the Calendar



<i>Rotary Events</i>				
<i>Day/Date</i>	<i>Event/speaker</i>	<i>To introduce</i>	<i>To thank + Speaker write-up</i>	<i>Venue</i>
Wed 24th Feb	<b>George Siopis</b> "The importance of physical activity and overall fitness to reduce the risk of adverse Covid-19 outcomes"	Ying Ho	Janelle Watson	Golf Club
Wed 3rd Mar	tba	tba	tba	Zoom
Wed 10th Mar	<b>Lisa Moloney</b> "Women in Leadership"	tba	tba	Golf Club
Wed 17th Mar	<b>Peter Marzec &amp; Alexey Prokopenko</b> "The Magic behind bringing Technology and Processes together"	tba	tba	Zoom
Wed 24th Mar	<b>Julian Day</b> Founder & CEO Consensus Group "Predicting the future – Consensus Awards"	tba	tba	Golf Club
Sun 28th Mar	<b>Graffiti Clean-up Day</b>	-	-	tba

<i>Birthdays</i>	
24th February	Nick Hamilton-Kane
25th February	Ross Brown

<i>Anniversaries</i>	
24th February	Prabhat Sinha (Rotary)
25th February	Edward Dunlop (Rotary)
1st March	George Helou (Rotary)



Bulletin kindly printed by







## The Rotary Statistics

Attendance last meeting (17-02-21) – Zoom	18
Club membership	<b>44</b>
Partners	0
Guests	1

<i>Funds raised</i>	
Raffle & Sergeant’s session	n/a

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## Your Committee 2020-21

President	Usha Garg	Secretary	Dimitry Palmer
President Elect	Thaya Ponniah	Sergeant	Nick Hamilton-Kane
Immediate Past President	Arie Pappas	Treasurer	Rod McDougall
Youth	Peter Smith	Community	Allan Teale
International	Thaya Ponniah	Vocational	Janice Barrett
Public Officer	Rod McDougall	Club Service	Alexey Prokopenko

Bulletin Editor	Bradley Ayres	Web master	Raymond McCluskie
Bulletin Printer	Selectprint	Apologies	Gulian Vaccari
Facebook master	Raymond McCluskie		

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## International Women’s Day - Guest speaker, Lisa Moloney

Ms Lisa Moloney is a strong and compassionate educator, with exceptional experience from over 30 years in education in Australia and internationally.

Ms Moloney holds a Bachelor of Education in Environmental Science, a Graduate Diploma in Music Education and a Master’s degree in Educational Leadership. She has recently completed advanced studies through

the Harvard Graduate School of Education.



Ms Moloney began as a Geography and Science teacher. She spent time in USA working at COSI, which is one of the country’s leading science museums, before returning to Australia to take on educational leadership positions.

Prior to her appointment as Principal of MLC School, Ms Moloney was Principal of St Paul's Anglican Grammar School in Victoria, and before that she was Deputy Principal, Head of High School and Director of Strategic Planning at Radford College in Canberra.

Under Ms Moloney's leadership, MLC School was named No.1 IB School in Australia and Top 50 Global IB School in 2020.



Rotary  *International Women's Day*  
2021

*Partners and Guests Welcome*

**Strathfield Rotary Dinner**  
*Celebrating the Contribution of Women in Our Community*

*Women in Leadership*  
Keynote Speaker  
Ms Lisa Moloney  
Principal of MLC School, Burwood

Wednesday 10 March 2021 6:30 for 7:00 pm  
Strathfield Golf Club Event Centre  
Dinner \$50.00 per person (children under 12 \$25.00)  
Delicious three course meal  
Cash bar  
Dress Smart Casual  
COVID-19 safe environment

**REGISTRATION**  
1) By Humanitix Ticketing (preferred)  
<https://events.humanitix.com/wd>  
2) By Electronic Funds Transfer  
BSB 633000 Account 146249156 Quote last name and "IWD"  
Confirm with email to [info@strathfieldrotary.org.au](mailto:info@strathfieldrotary.org.au)  
Please include guest names, any special dietary requirements  
3) By Cheque or Cash (at a club meeting prior to event)

**ENQUIRIES** [info@strathfieldrotary.org.au](mailto:info@strathfieldrotary.org.au)