



Rotary

Club of Strathfield



Namaste

STRATHFIELD ROTARY BULLETIN

DISTRICT 9675

28th April 2021

www.strathfieldrotary.org.au

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<https://www.facebook.com/strathfieldrotary>

Rotary, United Nations and Australian Themes

| | | |
|--------------------------|--------|--|
| <i>Year 2021</i> | | |
| - | UN | International Year of Peace and Trust |
| - | UN | International Year of Creative Economy for Sustainable Development |
| - | UN | International Year of Fruits and Vegetables |
| - | UN | International Year for the Elimination of Child Labour |
| <i>Month of April</i> | | |
| - | Rotary | Maternal and Child Health Month |
| 18 April – 19 May | Aust | Australian Heritage Festival |
| <i>Weeks of April</i> | | |
| 24th – 30th April | UN | World Immunisation Week [WHO] |
| <i>Days of April/May</i> | | |
| 28th April | UN | World Day for Safety and Health at Work |
| 18th April | UN | International Jazz Day |
| 2nd May | UN | World Tuna Day |
| 3rd May | UN | World Press Freedom Day |

President's Report



Usha Garg
President

Vaccines bring us closer

WHO theme for World Immunisation Week, April 24-30, 2021.

Vaccination connects us to the people, goals and moments that matter to us most, helping improve the health of everyone, everywhere throughout life. World Immunization Week, observed during the last week of April, is a celebration of the life-saving power of vaccines. This year's theme is especially poignant following more than a year of physical distancing measures and a

growing portfolio of effective vaccines to break the grip of the COVID-19 pandemic. As part of the 2021 campaign, WHO, partners and individuals around the world will unite to:

- (1) increase trust and confidence in vaccines to maintain or increase vaccine acceptance, and
- (2) increase investment in vaccines, including routine immunization, to remove barriers to access.

<https://www.who.int/campaigns/world-immunization-week/2021>



UN World Day for Safety and Health at Work - 28th April

With the theme "building a fairer, healthier world" this year is important to discuss the profound impact of COVID-19 pandemic on world of work, particularly our health workers. From the risk of transmission of the virus in workplaces, to occupational risks emerging as a result of measures to mitigate the spread of the virus. Drastic changes to work arrangements, such as the widespread reliance on virtual working, have presented opportunities but also posed new OSH risks, including psychosocial risks and increased violence. The World Day for Safety and Health at Work has been observed by the International Labour Organization (ILO) since 2003.



UN International Jazz Day - 30th April

On a lighter note, the 30 April 2021 celebration of Jazz Day will entail a 10-year anniversary All-Star Global Concert streaming live at 5:00 pm (US EDT) on jazzday.com, YouTube and Facebook. Hosted by UN Messenger of Peace Michael Douglas and featuring spectacular performances by Herbie Hancock, Marcus Miller, Andra Day, Dee Dee Bridgewater, John McLaughlin, Dianne Reeves, Joe Lovano, Angelique Kidjo, John Beasley (Musical Director) and many more artists. Enjoy socially distanced performances from across the globe. International Jazz Day is a global movement, engaging people on every continent.



LEST WE FORGET - Anzac Day Commemoration 25th April 2021

With a short hiatus, this year we returned at our new venue with a moving commemoration for ANZAC DAY. Thanks to Voc. Dir. Janice Barrett and her team (PP Rod McDougall, Rtns. Peter van der Sleen and Alexey Prokopenko) for organising a well thought out program that stirred our hearts and kept our attentions riveted to the proceedings. With a combination of hymns, pictures, videos and speeches, the morning hours passed quickly. Very touching to hear from Rachael Day about Frontline Yoga rehabilitating our frontline citizens to renew normal life. Thanks to Rtn. Paolo Giammarco for sharing his family's war experiences. Young Liam McLucas was the highlight of the morning as his playing the bugle brought a tear or two to many eyes. Later in the morning, we were served a generous breakfast, thanks to

our host Julie and Ross of Forte Catering. More details of this heart touching morning are provided by Jan Barrett.



Club News and Events Coming up

Many more important evenings are coming up. The **50th Anniversary** preparations are in full swing and Chair Roger Vince would appreciate receiving all bookings as soon as possible. This will help in completing the planning for the event including the requirement for rooms. Please note that the deadline for

purchase of tickets is 9 May 2021. It is a once in 50 years event!

The **Youth Awards** are now set for 18th June by the Awards committee in consultation with Strathfield Council. Rtn Ed Dunlop and his team have kicked off the planning for this important event in our Rotary Calendar.

Last but not the least, the **Changeover** will be held on Saturday 26th June. Please reserve the date, more details will follow later.

This week, we will hear from Anthony Garagounis on "MIRVAC-- Build to Rent". The following weeks also bring interesting speakers and I recommend not to miss any evening

<https://www.strathfieldrotary.org.au/guestspeakers.htm>

Look forward to our meeting.

Usha Garg

Reports from Directors



Janice Barrett
*Vocational Service
Director*

ANZAC DAY BREAKFAST

What a memorable day Strathfield Rotary Club's ANZAC breakfast was at Strathfield Event Centre, with 41 attending the Ceremony. It was an emotional day and included a brief overview of the history of war and family experiences in Italy by Rotarian Paolo Giammarco. The keynote speaker for the day was Rachael Day, CEO of Frontline Yoga. Rachael gave us great insight into the effects of PTSD on the brain and the beneficial effects of trauma

aware yoga. Liam McRae recited The Last Post and Rouse, whilst guests stood on the verandah overlooking the flagpole. An event raffle was held, and hand-made poppies were available for a donation - returning a surplus of \$846.00 which will be donated to Frontline Yoga.



This event would not have proceeded without the continual giving of time by Rotary Members, partners and friends. A special 'thank you' to President Usha, Alexey (our IT expert) and 'always at your service' Rod.

Sponsors:

Andrew Aravanis, Margaret Croft, Jennifer D, Forte Catering, Claire S, Allan Teale and Rosemary Z

Raffle prize donors:

Donation by:

- Athena and Arie Pappas – won by Bruno
- Johanna and Domenico Alvaro – won by Peter
- Simone and Gulian Vaccari - won by Danielle
- Simone and Gulian Vaccari - won by Denise

ANZAC biscuit chef:

Janice Vince

Poppy knitters:

Elaine Eyre (nee Barrett), and Margaret Ferranda (sister of Johanna)



The Italian Alpini Hymn (excerpt from Paolo Giammarco’s speech)

The Italian Alpini Hymn (Inno Degli alpini)

From the trusted roofs of the village the good Alpini have left; they show the strength and courage of their firm youth. The handsome cadets are from the Alps, in the robust youth of their bold strong hearts breaths an indomitable pride. There among forests and ravines, there in the cold fog and ice, defending strongly their peaks and the walking seems getting easier. Whether the sun shines or the hour comes that brings darkness to the sky, the good Alpino is always guarding ready to shout, "Who's there?" O alpini valour, always defending the frontier, and there on the borders always keeping the flag high. Sentry, on guard for all our Italian soil, where love smiles and more benign the sun shines.

Thank you all for your support and we will be back again in 2022!! – reserve the date.

Jan

Find more info at:

www.frontlineyoga.com.au

Get social @Frontlineyogainc



Speaker for this week: Anthony Garagounis

Anthony is a property development and construction professional with over ten years industry experience. Having spent more than nine years at Mirvac, Anthony has delivered over 2,000 residential apartments managing construction costs in excess of \$900M.

As Construction Project Manager Anthony focused on construction quality, stakeholder and project management while leading the delivery of multiple projects.

He joined Mirvac’s Build to Rent team in 2019 in the role National Delivery Manager and is accountable for the delivery of all projects, as well as contribute to the establishment of Build to Rent as a new asset class in Australia.

His interests are harnessing emerging technologies to deliver industry leading projects with greater quality, efficiency and resilience in the Build to Rent sector.



Dates for the Calendar



| <i>Rotary Events</i> | | | | |
|----------------------|---|----------------------|------------------------------------|--------------|
| <i>Day/Date</i> | <i>Event/speaker</i> | <i>To introduce</i> | <i>To thank + Speaker write-up</i> | <i>Venue</i> |
| Wed 28th Apr | Anthony Garagounis National Delivery Manager MIRVAC – Build-to-Rent. | Janelle Watson | Janelle Watson | Zoom |
| Wed 5th May | Malcolm BROWN Journalist “Disaster Reporting” | Usha Garg | Janelle Watson | Golf Club |
| Wed 12th May | Kate DOMENEY “Fresh Food for Families” | Usha Garg | Janelle Watson | Zoom |
| Wed 19th May | Sonya FURLONG “Life Journey” | Alexey | Janelle Watson | Golf Club |
| Wed 26th May | Rotarian Nella Hall “My Story” | Alexey Prokopenko | Janelle Watson | Zoom |
| Sat 29th May | 50th anniversary of the Rotary Club of Strathfield | - | - | Golf Club |
| Fri 18th June | Youth Awards | - | - | Town Hall |
| Sat 26th June | Club Changeover | - | - | Golf Club |

| <i>Birthdays</i> | |
|------------------|----------------|
| 16th April | Olga Pitt |
| 19th April | Johanna Alvaro |
| 23rd April | Mira Carney |

| <i>Anniversaries</i> | |
|----------------------|---|
| 1st May | Roger Vince (Rotary) |
| 3rd May | Christopher and Christine Haseldine (Wedding) |



Bulletin kindly printed by





The Rotary Statistics

| | |
|---|-----------|
| Attendance last meeting (14-04-21) – Zoom | 14 |
| Club membership | 44 |
| Partners | 0 |
| Guests | 0 |

| <i>Funds raised</i> | |
|---------------------|----------|
| Raffle | Not held |
| Sergeant's session | Not held |



Your Committee 2020-21

| | | | |
|--------------------------|---------------|--------------|--------------------|
| President | Usha Garg | Secretary | Dimitry Palmer |
| President Elect | Thaya Ponniah | Sergeant | Nick Hamilton-Kane |
| Immediate Past President | Arie Pappas | Treasurer | Rod McDougall |
| Youth | Peter Smith | Community | Allan Teale |
| International | Thaya Ponniah | Vocational | Janice Barrett |
| Public Officer | Rod McDougall | Club Service | Alexey Prokopenko |

| | | | |
|------------------|-------------------|------------|-------------------|
| Bulletin Editor | Bradley Ayres | Web master | Raymond McCluskie |
| Bulletin Printer | Selectprint | Apologies | Gulian Vaccari |
| Facebook master | Raymond McCluskie | | |