



Strathfield Rotary News



The Weekly Bulletin of the Rotary Club of Strathfield Inc.
District 9690, New South Wales, Australia

President: Kevin Freund Website: www.strathfieldrotary.org.au

September is New Generations Month

Kev's Conveyances

Wednesday, September 16, 2009

For everybody in attendance at last week's meeting I am sure that they felt privileged to have had the opportunity to listen to the presentation given by Dr Julie Greenhalgh, Principal of Meriden School. Julie provided important, thoughtful and detailed experiences gained from her years involved in teaching and parenting. The response from members and guests was admirable, with Julie involved in discussion well after the conclusion of the meeting.

On Friday, many Rotarians were in attendance to join with the Pickett Family in saying farewell and celebrating the full and wonderful life of Lilian Pickett, at Macquarie Park.

Six young students from our local schools attended The Rotary Youth Program of Enrichment (RYPEN) over the weekend, and I would like to thank Harley Tarrant, Peter Smith, Eric Khu and Kevin Beltrame for being chaperons, and Allan Teale and Arthur Crossan for being available if required.

A reminder to members, the Strathfield Spring Fair is on Sunday 27th September, with barbecue duties commencing at 8.00am.

I would like to encourage all members to consider nominating someone from the community, who they feel worthy of receiving a Pride of Workmanship Award, and are able to attend our presentation evening on 28th October.

This Week's Meeting

Paul Reid
District Governor

Introduced by PDG Harley Tarrant
Thanked by PP David Croft

I must confess that September is always a most enjoyable time of the year for me with the football finals happening and the standard this year has been outstanding and compelling viewing, and if I am not mistaken, we welcome our District Governor Paul Reid and his wife Julia tonight, in joyous mood, following the exploits of Parramatta, and we look forward to his presentation on the District's activities and goals.

Cheers, **President Kevin**

Last Week's Presentation

Recorded by Peter Douglas

Raising Positive Kids in a Negative World

Our guest speaker was Doctor Julie Greenhalgh, the Principal of Meriden, an Anglican School for Girls, located within the Municipality of Strathfield.

Julie was introduced by Bradley Ayres who in his introduction listed her academic qualifications. Julie has a BSc. in Physics and Biology, a BApSc in Health Sciences, a Diploma in Education and a Doctorate in Education. She has been Principal at Meriden for 3 years and prior to that was Deputy Head at Pymble Ladies College. She also spent six years at Canberra Grammar School.

The subject of Julie's talk was 'Raising Positive Kids in a Negative World'. Julie opened by highlighting the increase in teenage suicide rates and the problems of mental health in the younger community. She spoke of the negative influences and the resultant pressures involving friendships, rejection, being unloved, perceived problems with body image, out of control behaviour, too much time on their hands and the influence of alcohol



President Kevin with Julie Greenhalgh

and drugs. She said there was a deep need for optimism in the 21st century. Julie then spoke of what was needed to counteract these negative forces -

- ◆ Teach children to view all forms of the media critically.
- ◆ Network outside of and separate from school - i.e. Church or Sport.
- ◆ Have broader contact within immediate family and also next level such as cousins.

- ◆ Encourage friendships with positive people.
- ◆ Encourage parents to talk to their child/children.
- ◆ Do things together such as jigsaws.
- ◆ Children need to be hugged. Give praise where due.
- ◆ Have music in the home.
- ◆ Teach your child how to cope with disappointment.

Other things that were raised were the tricky situation that arises with a parental break up and the need for parents at times to step back and not smother their child. Julie also spoke of the expectations of parents and highlighted the drop out ratio of first year students at University.

Other points raised were the need to keep your child busy. Children cannot cope with spare time. Keep your child away from the computer screen and off Facebook. Children need lots of sleep but also need lots of light to build their levels of Vitamin D. The point was also made that mobile phones have no place in the bedroom at night.

Julie's speech was very well received by all present and following a substantial number of questions and comments from members Julie was thanked by PP Roger Vince.

Last Week's Proceedings *Recorded by Roger Vince*

From President Kevin

Welcomed to the meeting Dr Julie Greenhalgh, tonight's guest speaker.

Encouraged members to bring their partners if possible to next week's official visit by DG Paul Reid. Paul will be accompanied by Julia and it would be great to have a well-attended meeting.

Reminded members about the Spring Fair on 27th September and the commitment sheet being circulated. We are only cooking and selling barbecued sausages.

Mentioned the death of a great supporter of the Rotary Club of Strathfield, Lillian Pickett. Lillian sadly passed away last Sunday aged 96 and her funeral is to be held on Friday 11th September at Macquarie Park Crematorium.

From Trevor Elias

Rotary Club of Holroyd

Spoke about the next 9690 District Conference to be held at Club Forster on 19th to 21st March 2010 and hosted by the Rotary Club of Holroyd. He explained in some detail the programme for the weekend and the activities being organised and urged members to attend a great fellowship weekend. Registrations are now being accepted and Ted Ingall has forms that can also be downloaded from the District Web Site. The early bird incentive finishes on 30th November and as a further incentive all registrations up to that date will go into a draw at the

President's meeting on 4th December for a refund of one person's registration fee. The Conference has been organised to be a mixture of fun and fellowship. The Conference will begin Friday morning with a game of golf and registrations will begin Friday afternoon and there will be a buffet dinner Friday evening with entertainment from the local high school and a youth presentation. Following the Saturday morning plenary session there is an optional cruise or winery visit in the afternoon. This needs to be pre-booked early because of limited seating on the boat and/or bus. On Saturday evening there is the DG's cocktail party followed by a Dinner Dance with a circus theme. The plenary sessions continue through Sunday morning and the Conference finishes at lunchtime.

From Terry Rohan

Gave the Club an update on Doug Potter's daughter who is very ill. Our prayers and thoughts are with all the Potter Family.

From Suzanne Freund

Reported her attendance, on behalf of the Club, at the Burwood Rotaract *Mental Health Forum* held on Tuesday 8th September at Burwood RSL. It was well attended and focused on youth mental health. The Rotaractors were very distinguishable with their bright red tee shirts and their contagious enthusiasm. The evening was a great success.

Have a Laugh

Benign	What you be, after you be eight.
Artery	The study of paintings
Bacteria	Back door to a café
Barium	What undertakers do
Cesarean Section	A Roman suburb
Catscan	Searching for kitty
Cauterize	Made eye contact with her
Colic	A sheep dog
Coma	A punctuation mark
Dilate	To live long
Enema	Not a friend
Fester	Quicker than someone else
Fibula	A small lie
Genital	Non-Jewish person
Hangnail	What you hang your coat on
Impotent	Distinguished, well-known
Labour pain	Getting hurt at work
Medical staff	A Doctor's cane
Morbid	A higher offer
Nitrates	Cheaper than day rates
Node	I knew it
Outpatient	Patient who has fainted
Pap Smear	A fatherhood test
Post Operative	A letter carrier
Recovery Room	Place to do upholstery
Rectum	Damn near killed him
Secretion	Hiding something
Seizure	A Roman emperor
Tablet	A small table
Terminal Illness	Getting sick at the airport
Tumor	One, plus one more
Urine	Opposite of you're out

Congratulations

Birthdays

16th September **Paul Giammarco**
 21st September **Megan Tarrant**
 22nd September **Arthur Crossan**

Wedding Anniversaries

21st September **Ian and Fiona Johnson**
Doug and Olga Potter

Rotary Anniversaries

10th September **Joseph Kim**

Rotary Grace

O, Lord and giver of all good,
 We thank you for our daily food,
 May Rotary friends and Rotary ways
 Help us to serve you all our days.

Another Final Reminder

What are Rotarians really thinking?



By now **you must have received your copy of the survey questionnaire** recently posted to all members. **Now complete it and return it** using the reply paid envelope. The survey may be completed anonymously and there is **no** need to include your name and address on the reverse side of the reply paid envelope.

In the very unlikely event that you have not received the form, you should request a copy from Peter Smith or Ray Wilson – or download one from our website at www.strathfieldrotary.org.au/survey.pdf

The completed document should be posted to Membership Survey PO Box 268 Strathfield NSW 2135 by 16th September.

President Kevin and the board are very interested in hearing your suggestions, so please take the time to complete and return the form.

"Smoking kills. If you're killed, you've lost a very important part of your life."

Brooke Shields, during an interview to become spokesperson for a federal anti-smoking campaign.

"If somebody has a bad heart, they can plug this jack in at night as they go to bed and it will monitor their heart throughout the night. And the next morning, when they wake up dead, there'll be a record."

Mark S. Fowler, FCC Chairman

Dates for Your Diary

For catering purposes, please remember to send apologies or details of extra attendees by
4.00pm Tuesdays to Eric Khu 9746 0397

email: brontin@bigpond.com

Late apologies by 5.00pm Wednesdays to Kevin Freund 0412 494 125

23rd September (Wednesday)

Presentation by 2008-9 outbound GSE Team

Introduced by Steve Taylor Thanked by Janelle Watson

27th September (Sunday)

Strathfield Spring Fair

30th September (Wednesday)

*From the Desert to the Beach,
All in the Name of Education*

Erin Greenhalgh

Introduced by Peter Manenti Thanked by Bert Houston

7th October (Wednesday)

*The Climate Change Issue
Carbon Ready... or not?*

Andrew Petersen

Partner, PricewaterhouseCoopers

Introduced by Allan Petersen Thanked by Welwyn Petersen

14th October (Wednesday)

Travelling the Silk Road

Brian Lawrenson

Past President, Breakfast Point Rotary Club

Introduced by Joe Saad Thanked by Ray Wilson

21st October (Wednesday)

*Awareness: An Effective Way
to Beat Prostate Cancer*

Hayes van der Meer

Introduced by Peter Smith Thanked by Peter Foss

28th October (Wednesday) ► Partners' Night ◀ *Pride of Workmanship Awards*

10th November (Tuesday)

District Golf Day

18th November (Wednesday) ► Partners' Night ◀ *Wine Tasting Evening*

Hosted by Cabarita Cellars

9th December (Wednesday) ► Partners' Night ◀ *Strathfield Rotary Christmas Party*

16th December (Wednesday)

Children's Christmas Party

18th February 2010 (Thursday)

Transfer meeting from 17th February

Trish MS Research Foundation Golf Day

19th to 21st March 2010

District 9690 Conference, Forster NSW

**The Rotary Club of Strathfield meets every Wednesday evening at Strathfield Golf Club, Centenary Drive, Strathfield.
Visitors welcome**

Trev's Trivia

The ubiquitous *Nike* swoosh was devised by University of Oregon student Carolyn Davidson in 1964. She was originally paid \$US35 for the logo by company founder Phil Knight.
Fotheringham's Sporting Trivia

Last Meeting's Statistics

Attendance: 36

Visiting Rotarians: Trevor Elias (Holroyd)

Visitors: Dr Julie Greenhalgh (Guest Speaker)

Cheryl Ayres

Welwyn Petersen

Bruce Dennien (Guest of Kevin Beltrame)

Apologies: 12

Non-Apologies: 15

Raffle raised \$230.00

Winners

Sal Tosto

Harley Tarrant

David Martin

Welwyn Petersen

The Sergeants raised \$129.50

A Few More Laughs

Mick and Paddy 1 from Kevin Beltrame

Mick and Paddy were walking home from the pub.

Mick says to Paddy, 'I can't be bothered to walk all dat way.'

'I know,' says Paddy, 'but we've no money for a cab and we've missed the last bus home.'

'We could steal a bus from the depot,' Mick suggests.

They arrive at the bus depot and Mick tells Paddy to go in and get a bus while he keeps a look-out. After shuffling around for ages, Mick shouts "Paddy, what are you doing? Have you not found one yet?"

Paddy shouts back, 'I can't find a No.91'

'Oh Jaysus Christ, ye thick sod, take a No.14 and we'll walk from the Roundabout.'

Mick and Paddy 2 Anon

Mick and Paddy were walking home from the pub.

They decide to take a short cut along the railway cutting. As they walk along the tracks, Mick hears the sound of a train approaching from behind.

"We'd better get out o' here" says Mick and begins to climb the embankment. When he gets to the top he sees Paddy running along the track.

"What do you think ye doing, ye'll get yourself killed." shouts Mick. Says Paddy, "If I can't beat it on the flat there's no way I'll beat it up the hill."

The Last Laughs

Is Proofreading a Lost Art?

Police in Manchester were investigating the discovery of the remains of three young children and the headline on the news was something like **'Police have extended their search into a local cemetery where they hoped to find some more bodies'**.

Now that will take some detective skills.

How about:

Man Kills Self Before Shooting Wife and Daughter

It took two or three readings before the Editor realized that what he was reading was impossible!

Something Went Wrong in Jet Crash, Expert Says

Really? Ya think?

Police Begin Campaign to Run Down Jaywalkers

Now that's taking things a bit far!

Panda Mating Fails: Veterinarian Takes Over

What a guy!

Miners Refuse to Work after Death

Good-for-nothin' lazy so-and-sos!

Juvenile Court to Try Shooting Defiant

See if that works any better than a fair trial!

War Dims Hope for Peace

I can see where it might have that effect!

If Strike Isn't Settled Quickly, It May Last a While

Ya think?!

Cold Wave Linked to Temperatures

Who would have thought?

Enfield (London) Couple Slain: Police Suspect Homicide

They may be on to something!

Red Tape Holds Up New Bridges

You mean there's something stronger than duct tape?

Man Struck By Lightning: Faces Battery Charge

He probably IS the battery charge!

New Study of Obesity Looks for Larger Test Group

Weren't they fat enough?!

Astronaut Takes Blame for Gas in Spacecraft

That's what he gets for eating those beans!

Kids Make Nutritious Snacks

Do they taste like chicken?

Local High School Drop-outs Cut in Half

Chainsaw Massacre all over again!

Hospitals are Sued by 7 Foot Doctors

Boy, are they tall!

Typhoon Rips Through Cemetery. Hundreds Dead

Did I read that right?

The Cardiologist's Diet: If it tastes good, spit it out.

Two Little Boys from Tony Lanzafame

Two little boys, aged 8 and 10, were excessively mischievous. They were always getting into trouble and their parents knew all about it. If any mischief occurred in their town, the two boys were probably involved.

The boys' mother heard that a preacher in town had been successful in disciplining children, so she asked if he would speak with her boys. The preacher agreed, but he asked to see them individually. So the mother sent the 8 year old first, in the morning, with the older boy to see the preacher in the afternoon.

The preacher, a huge man with a booming voice, sat the younger boy down and asked him sternly, "Do you know where God is, son?" The boy's mouth dropped open, but he made no response, sitting there wide-eyed with his mouth hanging open. So the preacher repeated the question in an even sterner tone, "Where is God?!"

Again, the boy made no attempt to answer. The preacher raised his voice even more and shook his finger in the boy's face and bellowed, "Where is God?!" The boy screamed and bolted from the room, ran directly home and dived into his closet, slamming the door behind him.

When his older brother found him in the closet, he asked, "What happened?" The younger brother, gasping for breath, replied, "We are in BIG trouble this time. GOD is missing, and they think we did it!"

Why We Love Children from Grahame True

1. A nursery school pupil told his teacher he'd found a cat, but it was dead.

'How do you know that the cat was dead?' she asked her pupil.

'Because I pissed in its ear and it didn't move,' answered the child innocently.

'You did WHAT?' the teacher exclaimed in surprise.

'You know,' explained the boy, 'I leaned over and went 'Pssst' and it didn't move'

2. A small boy is sent to bed by his father.

Five minutes later.....'Da-ad....'

'What?'

'I'm thirsty. Can you bring a drink of water?'

'No, You had your chance. Lights out.'

Five minutes later: 'Da-aaaad.....'

'WHAT?'

'I'm THIRSTY. Can I have a drink of water??'

'I told you NO! If you ask again, I'll have to smack you!!'

Five minutes later.....'Daaaa-aaaad.....'

'WHAT!'

'When you come in to smack me, can you bring a drink of water?'

3. An exasperated mother, whose son was always getting into mischief, finally asked him 'How do you expect to get into Heaven?' The boy thought it over and said, 'Well, I'll run in and out and in and out and keep slamming the door until St. Peter says, 'For Heaven's sake, Dylan, come in or stay out!''

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Printed by Selectprint
 Printers, Typesetters since 1977
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